

TWO TRUTHS AND A LIE

GOAL

- To have fun self-disclosing

MATERIALS NEEDED

None.

METHOD

Direct participants to make three statements about themselves, two of them truths and one of them a lie. Ask the group to guess which of the statements is a lie. Give an example of the kind of factual information that is requested. For example:

I travelled to Greece
I have a collection of country music
I have tried bungee-jumping

