

FIND SOMEONE WHO

RATIONALE:

This worksheet helps participants to identify and describe their skills for resume writing and interviews. It is also a good way for group members to get to know each other.

METHOD:

Tell participants to move around the room and find someone in the group who has one of the following skills. Ask them to record their name and ask for an example that illustrates their skill. For example, in answer to the question "Are you good with numbers?", one response might be "Yes I am. I can balance my chequebook every month."

1. Is good with numbers.

Name _____

(give an example) _____

2. Likes to use machines.

Name _____

(give an example) _____

3. Is good at dealing with people.

Name _____

(give an example) _____

4. Has musical talent.

Name _____

(give an example) _____

5. Is good at learning languages.

Name _____

(give an example) _____

6. Is good with children.

Name _____

(give an example) _____

7. Is good at fixing things.

Name _____

(give an example) _____

8. Is good at making things.

Name _____

(give an example) _____

9. Has a good memory.

Name _____

(give an example) _____

10. Finds it easy to meet new people.

Name _____

(give an example) _____

CREDIT:

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